

39 Free time

Adverbs of frequency show how often you do something, from something you do very frequently ("always") to something you don't do at all ("never").

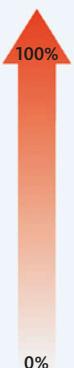
 **New language** Adverbs of frequency

 **Aa Vocabulary** Pastimes

 **New skill** Talking about your free time

39.1 VOCABULARY ADVERBS OF FREQUENCY

Use adverbs of frequency to say how often you do something. You normally put the adverb between the subject and the verb.



I **always** watch TV at night.



I **usually** eat dinner at 7pm.



I **often** walk to work unless it's raining.



I **sometimes** go shopping on the weekend.



I **never** go to the gym. I'm too lazy!



39.2 KEY LANGUAGE ADVERBS OF FREQUENCY

Time phrases often go at the ends of sentences using adverbs of frequency.



39.3 REWRITE THE SENTENCES, PUTTING THE WORDS IN THE CORRECT ORDER

in the plays morning. tennis He always

He always plays tennis in the morning.

② usually cycle work. Sally and Ken to

Sally and Ken usually cycle to work.

① go never to the mall. We

③ sister My often works outside.





39.4 LISTEN TO THE AUDIO AND MATCH THE PASTIME TO ITS FREQUENCY

Ben is taking part in a survey about how he spends his free time. Listen to his answers.



39.5 LOOK AT THE TABLE AND SAY THE SENTENCES OUT LOUD, FILLING IN THE GAPS

	ALWAYS	USUALLY	OFTEN	SOMETIMES	NEVER
SIMON					
NICO					
MEG					
ALMA					
CARRIE					

Simon always plays tennis on Fridays.

He sometimes goes skiing in the winter.

1 Nico swims after work.

He watches TV on the weekend.

2 Meg goes surfing in Hawaii.

She dances all night.

3 Alma reads on vacation.

She plays golf on Sundays.

4 Carrie goes to bed late and

she eats breakfast.

39.6 HOW TO FORM QUESTIONS ABOUT FREE TIME

Use different phrases to ask about the frequency with which someone does an activity and the specific time that they do something.

Use "how often" to ask about frequency.

How often do you go on vacation?



I usually go on vacation once a year.

Use "when" to ask about the day or time.

When do you go running?



I go on Thursday nights.

39.7 FURTHER EXAMPLES QUESTIONS ABOUT FREE TIME

How often do you go to the beach?



Not very often.

When do you go to the gym?



On Tuesdays and Fridays.



39.8 MARK THE CORRECT QUESTION FOR EACH ANSWER

How often does Jack go running?

About twice a week.

When does Jack go running?



1 **How often do they go to work?**

Five times a week.



When do they go to work?



About twice a year.

3

How often do you go on vacation?

When do you go on vacation?



2 **How often do you get up?**

At 7:30am.



When do you get up?



At 7pm.

4

How often do they go shopping?

When do they go shopping?



5

How often do you visit Mischa?

When do you visit Mischa?



Once a month.



39.9 WRITE A QUESTION BASED ON EACH STATEMENT USING "HOW OFTEN" OR "WHEN"

She goes dancing twice a week.

How often does she go dancing?

1 They visit their grandparents on Saturdays.

2 We go skating during the winter.

3 He usually plays hockey three times a month.

4 You go shopping on Fridays.

5 They see their parents every weekend.

6 He never walks the dog.

7 We sometimes go skating on the lake.



39.10 SAY QUESTIONS OUT LOUD BASED ON THE STATEMENTS

How often do you listen to music?

I listen to music every night.



1

I do yoga on Monday nights.



3

I go skateboarding three times a month.



4

I arrive at work at 8am.



2

I sometimes go to the movies.



5

I usually go surfing once a week.



39 CHECKLIST

Adverbs of frequency

Aa Pastimes

Talking about your free time